

What's UP?

STFA LKKC English Newspaper



Sports Day



Stephen Curry's Visit



Interviewing New Teachers

Stephen Curry's Momentous Visit

5D Chan Wing Kiu, Winky

14th September 2026 will forever remain an unforgettable day as every LKKCer knows because Stephen Curry—a well-known NBA basketball player and the greatest shooter in basketball history—paid us a momentous visit. The campus was filled with a vibrant and energetic atmosphere that day. Students were packed like sardines in the volleyball court and canteen, thrilled to see the NBA legend.



Some students held up jerseys and banners to welcome Curry. When he stepped onto our school basketball court, screams and cheers erupted one after another. After a short but intense game played by our school basketball team, Curry joined the players to take shots from different positions on the court and shared his experience with them.



During the Q&A session, Curry reminded students that true success is built on diligence and resilience. Before Stephen Curry left, he took photos with students and signed our school jersey as a souvenir for LKKC.

We are incredibly honored and grateful to have had the world-renowned athlete visiting our school. We believe that a lot of students were inspired and gained valuable insights from this unforgettable experience.



Interviewing a new teacher: Mr Chan

5C Lee Sheung, Suri

Q: Can you tell us what originally inspired you to become a Maths teacher?

A: Well, I think it's based on my own experience as a student. To be honest, I was really struggling with Maths in junior high school. Everything changed when I started high school, though. My Maths teacher was awesome, and his patience helped me improve my grades a lot. That experience gave me the determination to start helping my own classmates who were struggling with the subject, and I soon realised the satisfaction that comes with helping others understand a concept and succeeding in Maths.



Q: What is your first impression of LKKC and why do you want to join us?

A: I'm an LKKC alumnus so it's very special for me to be back here. I have always thought that students here are not only academically gifted, but are also well-rounded, energetic and lively, who are far from the stereotypical "nerd." In fact, this realisation was made even more concrete for me doing an internship at another school. LKKC has students who are very sports-minded and active in extracurricular activities. I felt that I really wanted to be

part of such a lively community as a teacher.

Q: What are your hobbies outside of teaching?

A: Badminton has been a huge part of my life for a long time now. I was a badminton player back in my days at LKKC, and I continued to play and compete in tournaments during my time in university.

Q: What expectations do you have for your students?

A: Classroom discipline is essential for a good learning environment. So far, in my interactions with the students, I am happy to see that their general conduct and performance have been wonderful. However, a positive learning attitude is absolutely indispensable alongside discipline. If you receive a result you didn't expect, the key is to not get discouraged or give up, but to try and improve.



Q: What advice would you give to students who are struggling with Mathematics?

A: First of all you must take it easy with your daily work, always finish your homework and never be afraid to ask your teacher for advice when you face difficulties. Another way is to find some simple questions to lay a good foundation for your Maths first. Your confidence will increase and it will be easier to try more difficult questions later on.



It was 8:00 a.m. on the 3rd of July—a cloudy morning overshadowed by the threat of terrible weather. Nevertheless, the Tang Shiu Kin Sports Ground came alive with the enthusiasm and laughter of the younger generation. Exquisite banners representing each house hung from the stands, and the air was filled with anticipation as students and teachers gathered for the most thrilling event of the year: Sports Day.

Sports Day featured various competitions, ranging from the 100-meter race and high jump to javelin. Needless to say, the tremendous performances of the champions, and all those who gave their all, left a remarkable experience on everyone.



The day kicked off on the track with the 100-meter race. Students sprinted from the starting lines at the sound of the starter gun and the wave of the red flag; determination to win emerged on every participant's face, and the fire of victory burned in everyone's eyes. Every lead brought thunderous cheers from the stands, where the cheering team formed by junior form students yelled for the glory of their house.

Perhaps the most touching moments of the day didn't come from the exhilarating victories, but from the vivid displays of resilience and persistence on the track. When a few LKKCers fell during the race, they didn't give up. Driven by pure determination, every athlete who fell pushed themselves right back up to their feet and kept running until they reached the finish line. Their passion and determination earned the loudest round of applause from the entire crowd, proving the true spirit of LKKC: Do your best, be your best, show your best!



As the day faded into twilight, the Awards Ceremony began. While trophies were awarded to individual champions and the best house for their outstanding performances, the true victory belonged to every LKKCer who had striven for success in every competition. Win or lose, every participant left the sports ground with pride and a smile on their face. Hip hip! Hooray! Well done, LKKCers, for yet another successful event!



4D Kang Gaga

Fashion Show

Looking back at the last academic year, we can't help but share with you what went on before the close of the school year in July.

The school suddenly went dark. A deep bass beat broke the silence, and everyone turned towards the stage. It was time for the Form 3 Fashion Show, and the theme was "Visible Music".

To bring the theme to life, Form 2 and Form 3 students worked together to design the outfits. Each class interpreted the theme in its own way, taking inspiration from different instruments and styles of music. As a result, the collection was diverse and beautifully showing how music could be expressed through fashion.



Creating the outfits demanded relentless dedication and tireless hours of hard work. Long after the final afternoon bell rang, the students stayed behind in their classrooms, turning scraps of fabric, wire, and paint into wearable art. They poured their hearts into every stitch and detail, refusing to compromise even when their fingers grew sore and their initial ideas fell apart. They stayed late into the evening, driven by an unyielding determination to see their creative visions come to life.



More than just crafting clothes, last year's tight schedule forced everyone to master the essential life skills like collaboration, communication, time management, and sheer grit. With the deadline looming fast, there was zero room for hesitation or wasted hours. Students had to make quick decisions, keep open channels of dialogue when plans went sideways, and pace themselves through exhausting workloads without burning out. That pressure cooker environment tested their resilience, proving that speed and efficiency only matter when paired with an unshakeable refusal to give up.



After weeks of exhausting preparation, it was finally time for the show to begin. Each class sent one boy and one girl to represent their year group. They walked onto the stage with confidence and looked towards the audience. Their movements followed the music, while their outfits showed the different ideas each class had explored.

However, the models were only one part of the performance. Behind the scenes, many other students were busy making sure everything was ready. Some helped with the costumes, while others organised the order of the show or checked that the models were prepared. Every role was important, even if it was not seen by the audience.



The teachers also played a big part in making the show successful. They fixed hems, adjusted costumes and helped with stuck zippers. Class-mates supported one another by tying shoelaces, checking outfits and calming each other when they felt nervous. Whenever a problem came up, someone was there ready to help.

This showed the true power of teamwork and relentless spirit. The show could not have been done by one student or one class alone. Everyone carried a heavy burden, but the final result depended on people pushing through their fatigue and doing their part. When something went wrong, they worked together to solve it instead of blaming one another. Their unwavering support for each other created a remarkable sense of camaraderie.

Finally, the last group walked onto the stage and struck their pose. The lights came on, and the audience cheered loudly. As we look back on this unforgettable journey across all forms, this fashion show stands as a proud milestone for our entire school community—proving that when we dare to dream together, our creativity truly knows no bounds.

What theme will it be this year? We can't wait to find out!

Interviewing a new teacher: Ms Wan

4C Leung Nga Lam

Q. What made you choose to teach ICT and Mathematics?

A: I've come across great Maths and ICT teachers in my life and I want to follow in their footsteps to become a good teacher just like them. I aim to teach students not only about academic concepts but also practical skills that will be useful when they eventually step into society.



Q. What are your current thoughts on the students of LKCC? What are your expectations for the future?

A: I've noticed that students here have different talents; some have excellent academic results and some are great at sports. In today's society, knowledge is not the only important thing but also skills, so having different talents is a wonderful asset.

For the students here, I hope that they can explore their potential and discover who they want to become in the future. As for myself, I hope I can teach well and become a good person.

Relive the Moment: Student of the Year Speech

6D Wang Siu Ling Linda

What's Up is proud to share a speech by last year's Student of the Year (and our Chief Editor last year!). We hope you can gain valuable insights from her journey and be inspired to continue to do well for yourself—both in your studies and your personal growth.

I am Linda Wang from 6D, and it is my privilege to stand here today to share a few thoughts with you. Last academic year, I was deeply honoured to receive the "Student of the Year" award. Receiving this award meant more to me than just a title. It was an affirmation from the school—an acknowledgment of my academic efforts and my contributions beyond the classroom. This recognition has deeply encouraged me, and acts as a powerful reminder that privilege comes with responsibility to keep growing, and to give back to what cultivates me.



Over the past few years, I enrolled in a diverse array of activities beyond regular schoolwork. I served as the Chairperson of the Tuen Mun Outstanding Students' Association, where I led a team to organise district-wide student activities and community services. I coordinated several exchange programmes, which taught me the art of logistics and management. On the volunteering front, I joined various service activities, including being a volunteer for the National Games. These experiences opened my eyes to the needs of our community. On top of these activities, I was fortunate to join the Budding Medical & Health Researchers Programme at the HKU Medical Faculty and a clinical attachment including doctor shadowing sessions and visiting the Science Park organised by Chinese University of Hong Kong. These gave me a glimpse into the world of medical science and confirmed my passion for the field of contributing to society when I grow up. Within our school, I also took on multiple leadership roles that further sharpened my sense of responsibility.

Looking back, each of these activities was not just an item on my resume. They were the classrooms without walls that shaped my confidence, communication skills, leadership, and resilience. And I am truly grateful to our school for providing the platform and encouragement that made many of these opportunities possible.

But let's be honest—"doing it all" sounds glamorous, but the reality was often overwhelming. So how did I balance academic studies, volunteering and activities while being snowed under with piles of work but not burn out? I would like to share three principles that worked for me—and they are not about having superhuman time-management skills.



Principle number one: Prioritise by importance, not urgency. I stopped asking "what is due soonest?" and started asking "what matters most today?" Every Sunday, I would take ten minutes to list my top three priorities for the week—not ten, just three. Those three got my best energy, usually in the morning. This simple shift saved me from the trap of being "busy but not productive."

Principle number two: Try everything first, but then find your "fit". In my junior school years, I said "yes" to almost everything—and that was the right thing to do at first, because this provides us the platform to discover what we are passionate about. For me, once I noticed that I thrived in leadership and community-facing roles, and that I had a genuine curiosity for medical science, I became more selective. I started focusing on what truly fit me instead of burning out to do everything that might not align with my strengths. My advice is: do not spread yourself too thin. Find your niche, and then go deep.

Principle number three: Schedule your rest—yes, schedule it! This was the hardest lesson. I used to think rest was something you did "if you had time." But I learned to treat rest as a non-negotiable appointment after facing the reality of being sick and exhausted, failed to remain concentrated and sharp during tests for nearly a month due to the lack of rest. After I learned my lesson, I literally blocked out Sunday nights for "absolutely nothing"—no homework, no studying, no planning. I would go for a walk, listen to music, or just sleep. And then, I came back on Monday more focused and energetic. Rest is not the opposite of achievement; it is part of the recipe for sustainable achievement.

Finally, to end my sharing, I would like to say this award is not the finish line; instead, it is a milestone that fuels my desire to contribute even more. Meanwhile, I would like to express my heartfelt gratitude to our school, LKKC, for providing the golden opportunities. I am committed to leveraging what I have learned—and the networks I have built—to serve our school and wider community in the years ahead.

To all my fellow schoolmates: this new academic year is a blank canvas. Don't be afraid to step out of your comfort zone. Try new activities and find your strengths. But also, be kind to yourself. Rest when you need to and find your own rhythm. I wish each of you a year of growth, discovery, and joy.

Our heartfelt thanks go to the **2025–2026 team** for their dedication to this current issue. We now pass the torch to the **new team, who will officially assume responsibility starting with the next issue.**

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