

What's UP?

STFA LKCC English Newspaper



LKCC Bazaar



Chinese New Year



Farewell to F6

Chinese New Year

3B Kang Gaga

New Year, New Moves: Taking the Wheel After the Chinese New Year

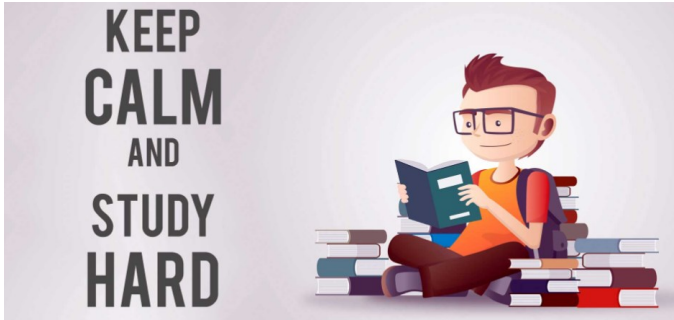
Winter break is finally over. We're still shaking off the chaos of home—the constant rhythm of kitchen knives, those Lunar New Year songs on a loop, and the never-ending ping of group chats. Most of us spent half the break staring at unfinished homework with that familiar sense of dread, wanting to be active but somehow watching the hours slip away. But now that we're back on campus, the slate is clean. It's time to actually get moving.



This term, forget the "grand plans" that never happen. No more lying to ourselves about studying for five hours straight every single day; it's unrealistic and exhausting. Instead, let's break things down. The goal is to do the hardest assignments right after class while our brains are still sharp. When we sit down, we're there for one thing only—no multitasking, no distractions. Even those small gaps in the day are better spent looking at notes than just scrolling. Organization isn't a cage; it's the only thing that keeps us from that 2:00 AM deadline panic. We can do it, LKCCers! Small change, big rewards!

True efficiency is about focus, not just "clocking in" hours. We've all been there—sitting at a desk for half a day while our minds are miles away. No more wasting time, guys! Thirty minutes of real, deep work beats four hours of daydreaming every time. This term, we're actually trying to **understand** it, not just finish it. By tackling the tough stuff first, we stop the procrastination cycle before it starts.

At the end of the day, **grit** matters more than talent. There's no need to spiral over a hard problem or a bad grade. Sometimes, something as simple as clearing off your desk or opening a fresh notebook is enough to reset your mind. Progress is slow, but that's fine. We aren't just aimlessly doing something; we're the ones in control.



Let's be smart with our time and keep our heads on straight. Every small win adds up. With a solid plan and some real effort, we're going to make this term actually count. Don't start "later". Do it today!

Phrase of the Day Selected Sentences

The Phrase of the Day team received lots of intriguing responses on sentence-making. In this issue, the idioms covered are:

- On thin ice
- Sit on the fence
- The apple of one's eye
- The ball is in someone's court

We are delighted to share some of the sentences here:

Chiu Pak Yui 1A 07

He's always sneaking out at night while his parents weren't sleeping. He's *on thin ice*.

Ma Sze Ching 1A 21

She is *walking on thin ice* when she lied about her test mark to her mother. So, I must warn her to tell the truth and apologise to her mother.

Wong Lok Yan, Tiny 1A 29

If you use WhatsApp while having lessons, you are *on thin ice*.

Lui Tsz Ki, Hazel 1A 20

I am *sitting on the fence* because I am thinking if I should eat hotdogs or hamburgers.

Tong Ching Hei, Aiden 1A 26

I'm the only son, so I'm *the apple of my mum's eye*.

Au Cheuk Lam 1A 01

My sister has just seen your brother play basketball. Now he is *the apple of my sister's eye*.

Chan Tai Yau 1A 06

It is your turn. *The ball is in your court* now. You need to do well so that we can win this match.

Tsang Kwui Suet 1A 27

You should try to do something! *The ball is in your court* now.

Thank you for all your input and please keep sharing your wonderful sentences with us!

The air is still a bit cold, but the night is getting softer.

After the busy Chinese New Year, a bright festival comes to light up the dark—the Lantern Festival. It is not about loud fireworks, but about warm lights and being together. It happens on the first full moon of the new year, and it marks the end of the Spring Festival.



This festival is about light winning over darkness. There are many old stories about how it started. One kind of story is loved by many. A beautiful crane from heaven flew down to earth. However, a villager killed it. The Jade Emperor in heaven was very angry. He wanted to burn the whole village on the fifteenth night.

A small fairy felt sorry for the people. She told them to hang red lanterns, make big fires, and set off firecrackers on that night. When the soldiers from heaven looked down, they saw red light and fire everywhere. They thought the village was already burning, so they went back. The village was saved. From that time on, people light lanterns on this night to remember.



Today, we don't worry about heaven's fire anymore. But the tradition of light is even brighter now. The Lantern Festival is like a song of soft lights and sweet time together. Parks and streets become like open-air art shows. Lanterns are made into animal signs, pretty flowers, flying dragons, and story scenes. They are made of silk, paper, and now LED lights. They make the crowds glow with magical colours.

It is a night for the family. The family meal often ends with Tangyuan, which are soft, sweet rice balls in sweet potato soup. Their round shape symbolizes family unity and wholeness. After eating, people go out into the night with their lanterns. Children walk with lanterns featuring cartoon characters. Adults look at the beautiful displays. Riddles are written on red paper hanging from the lanterns. Friends and strangers try to guess the answers. The air is full of laughter and quiet thinking.



The Lantern Festival is a beautiful, quiet stop. It is like the whole town takes a deep, soft breath after the exciting new year. It is time to look up—not only at the lovely lanterns around us, but at the first full moon of the year. The moon is like a perfect, quiet, silver lantern in the sky. Under its watchful light, we hold hope, we treasure being together, and we walk into the new year. Our way forward is lit by the soft, lasting glow of the tradition we all share.

The F.6 Legacy: A Journey to Remember

4D Szeto Hei Lam Helen

The sand of time slips away. 26th February was the last combined assembly for our dear F6 students. In the past six years, they have created a myriad of pleasant memories with LKKC. Even if this was their last school day in this school, memories last forever. In the assembly, they expressed their gratitude to the teachers. After saying goodbye, they are going to step onto another chapter and start a new page.

Videos playing in the background, laughter spreading and tears during the assembly, it was emotional. In the videos, they showed photos and their memories created. The same teachers, the same classmates. For each of them, these are their best partners on the road to DSE.

Words heavy with unspoken goodbyes. It is definitely not enough for them to express their gratitude towards teachers and appreciation towards their friends. However, it is enough for us to resonate with them, and feel what they felt.



While the F6 students are onto the next page of their life, may all of us wish them a bright, successful future. Goodbye and good luck, F6!

LKKC Bazaar: From Blueprint to Business

4C Lee Sheung

Last week, the school hall buzzed with an enthusiastic energy that was entirely different from a normal school day. LKKC Bazaar was held not long ago. Do you remember the atmosphere and scene of the Bazaar at that time? Let's travel back to that time.



The stalls at the bazaar were run by the Form four students. The atmosphere was filled with excitement and sweat. You might think that running a stall is an easy task, but the Form four students spent a great deal of time and put a lot of effort in preparing for this event. As soon as you entered the school hall, all kinds of products came into view: handmade marine-life ornaments, key chains, recorders, memo pads. The products of each stall had their own style and charm that you couldn't remove your eyes from them. The most important thing is all these creative ideas came from the students who are only teenagers. Very creative! Well done, F4!



They did not only show their creativity but also showed their excellent communication skills. The hall was filled with sales pitches. One of the girls held up a board decorated with the name of her store and products. The girl smiled brightly and shouted loudly, "Come and have a look! Come and have a look!" "Miss today and wait till next year! 100% handmade, one of a kind!" With their sales tactics, many seniors and junior students were drawn in and the stalls were crowded with students choosing the products that they wanted. Teachers also showed their support by buying the products. Some of the stalls sold student-designed products featuring teachers' signatures. The folders were soon swept away within minutes. The air was filled with continuous and cheerful voices, making the campus more energetic and joyful than ever. Near the end, many stalls began to offer discounts. A boy selling keychains stood in front of his stall and held a loudspeaker made by a rolled-up paper tube and shouted "Last day! Buy two get one free! Discounts for all the students and teachers! Some students were amused by his chanting because he looked like a vegetable seller in the market. Some Form four students shook their heads with a smile, yet quietly changed the price tags to "Final special offer".



Last but not least, it was not just a bazaar but also a valuable opportunity for students to gain hands-on experience on how to operate and manage business. Running a company may seem too big and distant for us now, but the school provides them with a chance so that they can experience how to cooperate with teammates and build a strong team relationship. Successful business requires teamwork. Through the process, they might face a lot of challenges and problems, but I believe they have learned that communication is the key to success.

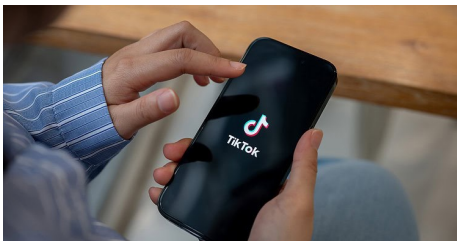
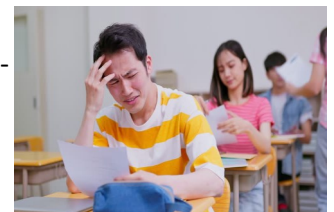


Are We Scrolling Away Our DSE Grades?

5D Ernest Leung

It is 8:00 pm on a Tuesday. You are sitting at your desk with a pile of Maths past papers in front of you. You promise yourself you will finish half of those before you sleep. But then, your phone buzzes.

It's just a notification from the class WhatsApp group. You check it. Then you open Instagram just for a second. Then you click on a reel. Suddenly, it is 11:30 PM. The Maths paper is still blank, but you now know exactly what your friend had for dinner and have watched 50 videos of cats being afraid of cucumbers.



Does this sound familiar? If you are a secondary student in Hong Kong, this is likely your nightly reality. We are the most connected generation in history, but we are facing a crisis that threatens our future more than any difficult exam question: The death of our attention span.

Scientists say that the constant switching between apps is rewriting our neural pathways. For Hong Kong students, who rely on deep focus to survive the DSE curriculum, this is dangerous.

Think about it. A typical DSE exam lasts for hours. But our brains are trained by TikTok, YouTube Shorts, and Instagram Reels to expect a new piece of entertainment every 15 seconds. If we get bored, we swipe.

And the problem is, you cannot "swipe" a boring History text or a complex Physics equation. When we train our brains to crave instant dopamine hits, sitting through a double-period English lesson feels physically painful. We are losing the "cognitive stamina" required to learn difficult things.

But research shows that multitasking is a lie. Every time you shift your eyes from your textbook to a notification, your brain suffers a "switch cost." It takes an average of 23 minutes to get back to the same level of deep focus you had before the interruption.

For us, Hong Kong students, balancing school, SBA, and tutorial classes, time is our most valuable resource. By keeping our phones on the desk, we are voluntarily throwing that time away.

So, is throwing our phones into Victoria Harbour the only solution? No. But we need to stop letting the algorithm control our grades.

We can start by trying the Pomodoro technique: 25 minutes of pure study with the phone in another room, followed by a 5-minute break where you can check whatever you want. Turn off "non-human" notifications—keep messages from friends, but disable alerts from games or shopping apps.

The DSE is a battle of endurance. The students who succeed won't just be the smartest ones; they will be the ones who can sit still, block out the noise, and focus on the paper in front of them.



Book recommendation

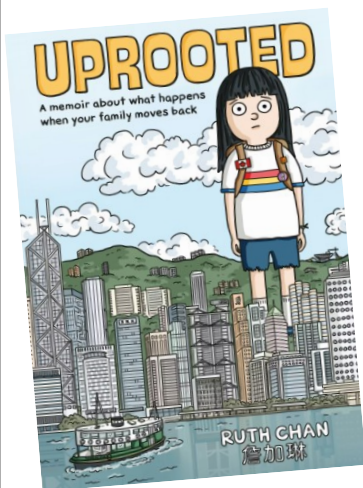
How would you feel if you suddenly had to move to another country you're not familiar with? You had to leave your friends, school, favourite places to hang out, and learn a new language, meet new people—and live a new life?

That was what was going through Ruth's head when she was told that the whole family would be moving to Hong Kong because of her dad's new job. That would mean leaving her hometown in Toronto and saying goodbye to her best friends.

Ruth's parents were excited to return to their birthplace, but for Ruth, things were not so easy. In Hong Kong, she found it hard to speak Cantonese, her classes felt more difficult, and her parents seemed too busy to be around her.

Would she be able to learn to adapt to her parents' hometown? Would she open her heart to her roots—the ones her dear dad had told her stories about?

Read this graphic novel to find out! You will love the illustrations drawn by the author herself—Ruth Chan. And yes! The girl in the story is her!



Riddle Raid

1. I speak without a mouth and hear without ears. I have no body, but I come alive with the wind. What am I?
2. The more you take, the more you leave behind. What am I?
3. I'm light as a feather, but the strongest person can't hold me for long. What am I?
4. The person who makes it sells it. The person who buys it never uses it. The person who uses it never knows they're using it. What is it?
5. What has a neck but no head, arms but no hands, and a body but no legs?

- | | |
|----|-----------|
| 5. | A shirt |
| 4. | A coffin |
| 3. | Breath |
| 2. | Footsteps |
| 1. | An echo |
- Answers:**

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