

What's UP?

STFA LKKE English Newspaper



Messages



Univer-



Facts

After the pandemic is gone, will everything go back to normal, or will there be a new normal? Our lives have changed a lot but together we can face anything. We have done an interview with teachers, and they have some messages they want to pass on to our LKKE students. Let's see what they have to say!

Teacher's messages to Students

5A Yan Ming Sum 5A Ling Tsz Suen

U: Mr. Leung Wing Lun K: Mr. Kwok Ka Ho

L: Ms. Lai Ka Po Mui: Mr. Mui Chi Kit

Mak: Ms. Mak Cheuk Yin



Q1. What are your suggestions to reduce stress?

L: Listen to music, watch Korean Drama! Then you will forget your troubles.

U: Practice deep breathing or meditation.

Mui: Mindfulness is useful ~ always reserve some time every day for yourself and talk to yourself!

Mak: Do something which can make you feel happy and relaxed.

K: Do one thing at a time.

Q2. What should students do when they face difficulties in their studies?

L: Ask teachers or classmates for help.

Mui: Ask for help! Share with those with whom you are trust.

Mak: Seek help from classmates and teachers.

K: Try and talk with peers and teachers. We are always here to help.

Q3. Who can students find when they are down?

L: Teachers. Many teachers have had training to be listeners and they can show you methods to relax or look at the bright side of life.

U: Teachers, social workers or adults whom they trust.

Mui: Our social workers and teachers are always ready to listen. :)

Mak: Friends, teachers or anyone you trust.

K: Literally anybody nearby: friends they trust, Guidance Monitors, Guidance Prefects, Class Teachers, Subject Teachers.

Q4. Do you have any words of encouragement to students fighting for DSE?

L: Start with a schedule for revision. When you have difficulties during revision, ask your classmates or teachers.

U: Try your best.

Mui: Dream to Drive; Be pPoud to Fly ; LKKC spirits never die!

Mak: Those who sow with tears will reap with songs of joy (from the bible). Add oil everyone!

K: When there are CHANGES, there are CHANCES.

L: Always try your best and there will be no regret .

U: First, do preparation before lessons. Second, pay attention in the lessons and take notes. Third, do exercise and past papers at home. Finally, plan your study time to do revision.

Mui: Taking notes is a good strategy to increase learning effectiveness.

Mak & K: Treat yourself well before working hard.

Q5. What can F.1 students do if they have problems with their studies?

L: Don't be shy to ask the teacher!

U: Ask teachers directly.

Mui: Our guidance prefect is standing by you always.

Mak: Ask their teachers. Teachers will surely welcome them.

K: Talk to your GPs or your teachers. They are always willing to help.



U:

Mak:

K: Welcome

Q6. Any advice to the new students?

L: Open to new challenges!

Don't be shy, and ask for help from others.

Mui: Be positive!

Stay positive!

to LKKC! It's a big family full of love!

Q7. What can F.3 students do if they struggle to choose which elective subjects to take?

Ask yourself—how much do you love that subject?

Discuss with your parents and teachers.

Be yourself ~ please understand yourself well and choose the subjects that suit you most.

Mak: Ask teachers to know more about what they have to learn in the senior form syllabus and also try to know their strengths and interests.

about this: what do you think you will be doing in 10 years' time?

L:

U:

Mui:

K: Think

Q8. What should students consider when choosing elective subjects?

able to handle the subject.

interest. Second, your ability. Third, your study goal.

Mui: Self interest, ability, career prospects, teachers of the elective subjects, ... etc.

Mak: Personal interest.

Your ability, your interest, and your future career plan.

L: See if you are

U: First, your

K:

Q9. What should F.6 students do if they struggle with their career path choice?

L: Think about what you are afraid of. If you are afraid of blood, you cannot be a medical practitioner, right?

U: Talk with people, so that you can understand yourself more. Then you will be more likely to make a better choice.

about this: what do you really want to be after 10 years?

about their strength and knowing more about the university on Info Days.

K: Ask yourself: what would you like to do in 5 years' time?

Mui: Think

Mak: Knowing

Q10. Speaking of the ones who are leaving, what do you think of the F.6 students?

L: Be brave to face new challenges. F6 students are energetic.

We hope you all feel better after reading their heartfelt messages and have a fruitful school year!

University Information Day

5A Cho Chin Yu

Do you want to know more about admission information? Then you should not miss the University Information Day! Because of the pandemic, most universities have moved their Information Days online (except Lingnan University. It will organise on-campus Admissions Talk and Campus Tour).

This year, we have the 'Virtual Info Day'. But you will have to register to access the broad range of activities. Since the Info Day of two universities may be on the same day, you should check the time and decide which one to go for. Please refer to the following list to know more about the dates. Last but not least, remember to mark the calendar, stay tuned and visit the website of the universities for the latest updates.

Hong Kong Shue Yan University- Nov 14 2021

https://infoday.hksyu.edu/en/?gclid=EAlaIQobChMI4vn6t8Tf8wIVWxwrCh2MIgl0EAAAYASAAEgJxTfD_BwE

Hong Kong Institute of Vocational Education- Nov 19-20, 26-27 2021

https://www.vtc.edu.hk/ero/infoday/2021/Nov/tc/?utm_source=Google&utm_medium=SEM&utm_term=info_day&utm_campaign=IVE_InfoDay2021_AP&gclid=EAlaIQobChMIwMXE7MTf8wIVjl1gCh0aUggMEAAYAiAAEgJHvPD_BwE&gclsrc=aw.ds

The University of Hong Kong- Oct 31 2021

<https://admissions.hku.hk>



Typhoon in October

2B Li Rui Zi

October is a 'happy month' for most of the students and office workers as they had extra holidays because of the two typhoons - Tropical Storm *Lionrock* and Tropical Storm *Kompasu*.

Tropical Storm *Lionrock* brought black rainstorm warning to Hong Kong and the No. 8 typhoon signal was hoisted for 22 hours, which was unexpected. It broke two records in Hong Kong, including *setting the record for the farthest No. 8 signal* and *breaking the highest daily rainfall in October*.

Tropical Storm *Kompasu* was strong as well. It caused flooding in many areas, including the bicycle tracks on both sides of the Shing Mun River in Sha Tin. According to the Observatory's data, the highest tides in Tai Po Kau was recorded to be 3.52 meters, which is really high.

The origin of the typhoons' names

Do you know how typhoons are named? Actually their names are decided by the 14 member states of *World Meteorological Organization* (WMO). Every member state provides 10 names. There are 140 in total. WMO will rotate them.

Most people think that Typhoon *Kompasu* is named after a compass in Japanese (which is actually true because it is the Japanese word for compass), but it is actually named after a constellation that was discovered in 1997. Therefore, if you want a typhoon holiday, try wishing to the constellations in the sky!



What is the “new norm” in fashion?

Over the past two years, have you noticed that lately you've been wearing jogging pants or pyjamas a lot more? Well, it's nothing to be ashamed of as we've been given the excuse to do so since many of us have had to stay at home during the pandemic.

But that that period perhaps has also given us the opportunity to realize what we have in our wardrobes. Maybe it's time to see how much do we actually use what we have in our closets?

You don't have to have many clothes to look good or feel good. Creativity is the key. You have to know how to mix and match using what you already have, and you needn't buy clothes from expensive boutiques. Those from Uniqlo and Muji are the place to go to for staples like socks and T-shirts, according to Hong Kong fashion guru Thomson-Sakhrani, while Marks and Spence will be for more formal attire. Classy but affordable.



Tips to feel or look good on YOU:

- 1) Pick clothes that FIT you. You have to try out the clothes to see if they cutting and style are suitable for your body size and shape. Don't hesitate to get them altered. Some shops offer to do the cutting for free.



- 2) Stick with basics. Pick simple colours that can be matched easily with other colours. For example, a brown pair of trousers will be well with any coloured shoes, or a simple white blouse can be topped with a brown silk scarf. You will definitely look good!
- 3) Keep experimenting! You're still young and there will be lots of opportunities to see which styles fit you best. In the future, you might be required to put on certain styles of attire, so it's always an advantage to be more readily open to such dress codes.
- 4) Check where the clothes are made. Perhaps this is the least important, but it might make you feel better if you knew that the clothes you're buying were made without any ethical concerns. You might have to see how they were made or who made them.

So whatever you find in your closet, before you declutter, save those that are truly a fit for you! Remember—the most important is that you feel good about what you CHOOSE to wear!

TRIVIA

Here are some statements. See if you think they are true or false? Answers at the bottom. Don't peek! Have a go at seeing if you're right!

1. The original name for the search engine Google was Backrub. It was renamed Google after the googol, which is the number one followed by 100 zeros.
2. Octopuses have two hearts.
3. Polar bears have black skin. And actually, their fur isn't white—it's see-through, so it appears white as it reflects light.
4. It's possible to sneeze with your eyes open.
5. The word "strengths" is the longest word in the English language with only one vowel.
6. The original title of Jane Austen's *Pride and Prejudice* was *First Impressions*.
7. Your nose gets colder when you lie.
8. German chocolate cake doesn't come from Germany. It was named for a person, Sam German, who created a type of baking chocolate for Baker's in 1852.
9. Coca-Cola actually sells soup in a can. Bistrone is a nourishing meal on the go, available in two flavors in Japan.
10. Buckingham Palace in London, England, has 775 rooms, including 78 bathrooms.
11. The longest place name in the world, at 85 letters, is "Taumatawhakatangihangakoauauotamateaturipukakapikimaungahoronukupokaiwhenuakitanatahu," New Zealand. Locals just call it Taumata Hill.
12. People started wearing pajamas, originally spelled "pyjamas," instead of nightgowns so they'd be prepared to run outside in public during World War I air raids in England.



Answers:

- | | | |
|--|----------------------------------|----------|
| 1. True | 2. False—they have three hearts. | 3. True |
| 4. False. It's impossible to sneeze with your eyes open. | 5. True | 6. True |
| 7. False—Your nose gets warmer when you lie. | 8. True | 9. True |
| 10. True | 11. True | 12. True |

Now see if you can fill in the blanks with the numbers!

SUDOKU

5	4			2		8		6
	1	9			7			3
			3			2	1	
9			4		5		2	
		1				6		4
6		4		3	2		8	
	6					1	9	
4		2			9			5
	9			7		4		2

Answers of last issue:

ANSWER:

8	7	6	5	4	3	1	9	2
5	4	3	2	1	9	7	6	8
2	1	9	8	7	6	4	3	5
1	9	8	7	6	5	3	2	4
4	3	2	1	9	8	6	5	7
7	6	5	4	3	2	9	8	1
3	2	1	9	8	7	5	4	6
6	5	4	3	2	1	8	7	9
9	8	7	6	5	4	2	1	3

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